



# Nebraska Psychiatrists Newsletter

2nd Quarter 2012

## President's Report

### Greetings to all!

This has been an exciting quarter for me as your president! I was able to attend the APA Advocacy Day in Washington, D.C. in March. The city and weather were absolutely beautiful though it was just a few days too early for the cherry blossoms. For any of you thinking about a vacation with school age kids, this is the place to go. There is so much to do, and much of it is free. The Martin Luther King monument is new since my previous visit there and is quite impressive.

Participating in Advocacy Day was a great learning experience for me. There were a couple days of preparation provided by the APA to educate us on current legislative issues and the process of speaking with members of our congress. Then we met with our individual state senators and representatives or their staff. I have to tell you, I was not all that excited to go to this event. I feel quite naive about government in general and even more naive regarding specifics of legislation affecting medicine and mental health. However, after it was over I am glad I went and this is why: I have always considered government to be way too big and complex overall. While as a democratic society, we each have the ability to vote, the act of penciling in those little circles and casting my ballot never gave me much of a

feeling of participation. I never feel as if I know the candidates well enough to know if they will represent my views. I am just one small soul in a sea of countless others anyway... So, while I have always exercised my right to vote, it hasn't made me feel warm and fuzzy to do so. Going to Capitol Hill gave me a very different perspective. While I didn't (and still don't) feel like an expert on our government, I realized that I am, in the eyes of those who govern, an expert regarding medicine and mental health. And that those who govern welcome the expertise of their constituents. Government no longer seems so large. I now know I don't have to understand government to participate in it. It is the job of our elected officials to understand the process, but it remains our job to educate them to represent us. Unless they have a family member affected by mental illness, issues providers deal with every day are invisible to our congressmen. They can, and will, speak out for us if they understand our plight. If we remain silent they can't represent us well. We are lucky to live in a society where we can participate in our government, and I encourage all of you to do so. If we all participate, I think we will be heard!

I am looking forward to seeing each and every one of you at an



*Dr. Jane Theobald*

upcoming meeting and believe you will find attending time well spent. Please feel free to contact me if there is any way the society can be of help to you.

Sincerely,  
Jane Theobald, M.D.

## HELPFUL LINKS:

American Psychiatric Association:  
[www.psych.org](http://www.psych.org)

Anxiety & Depression Association of America:  
[www.adaa.org](http://www.adaa.org)

Children & Adults with ADHD:  
[www.chadd.org](http://www.chadd.org)

Nebraska Medical Association  
[www.nebmed.org](http://www.nebmed.org)



*Get More From Your NPS Membership - Get Involved!*

## Interested in Serving on the NPS Board?

Elections for the NPS Board will be held in June. There are several positions up for election and nominations are now being accepted. Get the most out of your NPS membership and choose to get involved. If you have an interest in any of the positions listed below, please contact Diane Parsons at [dparsons@omahamedical.com](mailto:dparsons@omahamedical.com) or call 402-393-1415 by Wednesday, May 30, 2012.

**For those members outside the Omaha area, your participation is encouraged as well.** Members may participate in all NPS Board meetings currently via conference call. Video conferencing is in the works and we hope to offer that for future meetings as well.

President  
Vice President  
Treasurer  
Assembly Representative  
Deputy Assembly Representative  
Ethics  
Legislative  
Early Career  
Membership  
Rural Representative

## “A DANGEROUS METHOD” Out on DVD

A new film will take you back to the early days of psychoanalysis. “A Dangerous Method” digs into the rocky relationship between fledgling psychiatrist Carl Jung and his mentor, Sigmund Freud. The film revolves around Jung, played by Michael Fassbender, and his troubled yet brilliant patient Sabina Spielrein, portrayed by Keira Knightly. Jung decides to try Freud’s “talking cure,” or psychoanalysis, on Spielrein. What starts as a strictly doctor-patient relationship develops into much more and tests the boundaries of Jung’s friendship with Freud, played by actor Viggo Mortensen.

“A Dangerous Method,” directed by David Cronenberg, was released by Sony Pictures in theaters this past November and on DVD in March.



## SAVE THE DATE

Tuesday, September 18th

Omaha Marriott Hotel

### **NPS Member Meeting Featuring Dr. Madaan**

NPS welcomes back former Creighton Resident Dr. Vishal Madaan. He will be presenting “Performance Improvement CME” and a refresher on “Practical Approaches for Optimizing Management of Patients with Bipolar Disorder.”

*Presented in partnership with the NOW Coalition.*

## MARK YOUR CALENDAR!

Area 4 Meeting  
August 25 & 26  
Milwaukee